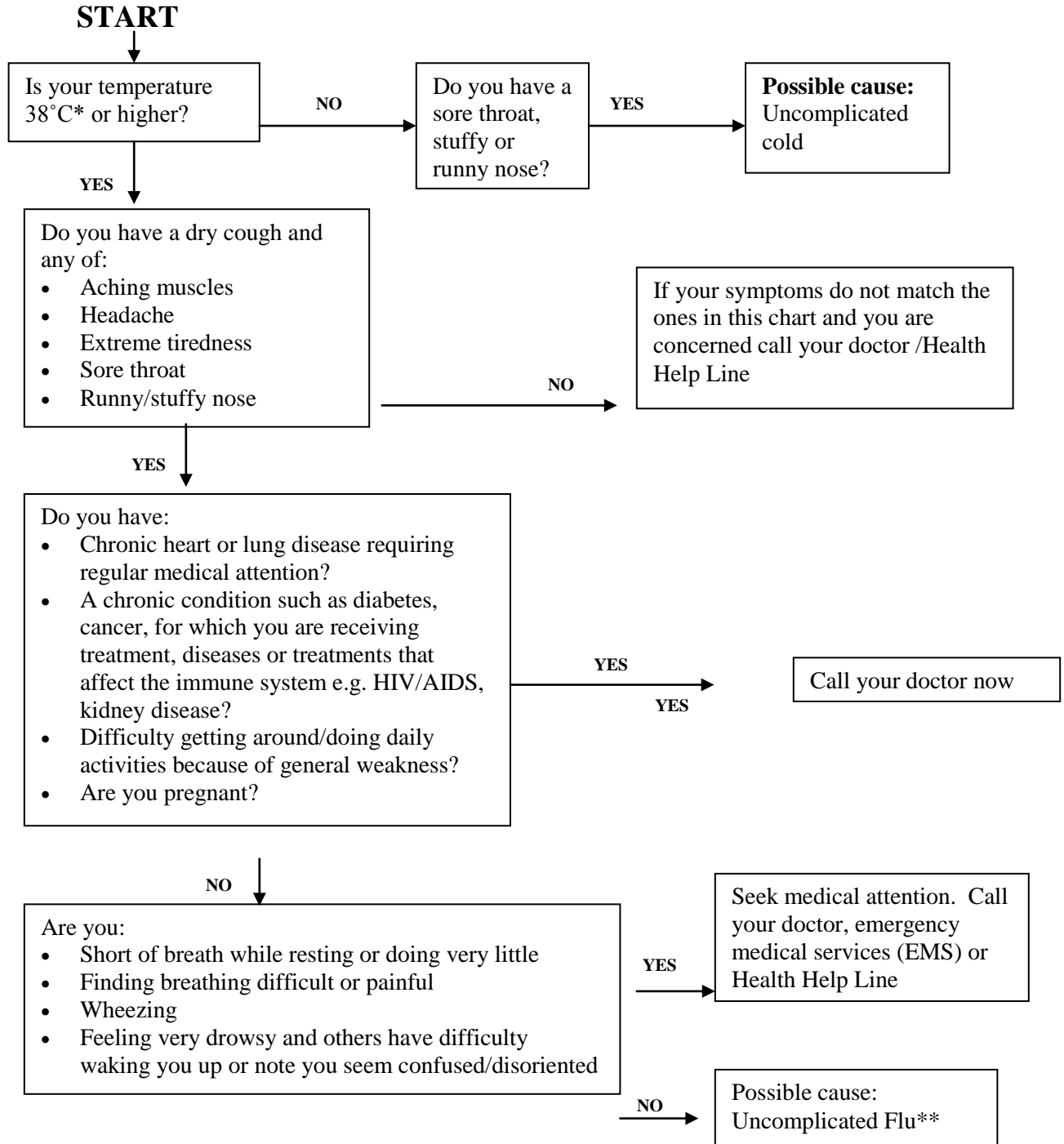


# FACTS

## Self Care Decision Tree for Adults



\*For people older than 75 years, the temperature may be lower e.g. 37.2° C

\*\*Uncomplicated Flu: Usually the symptoms start to clear up in 5-7 days