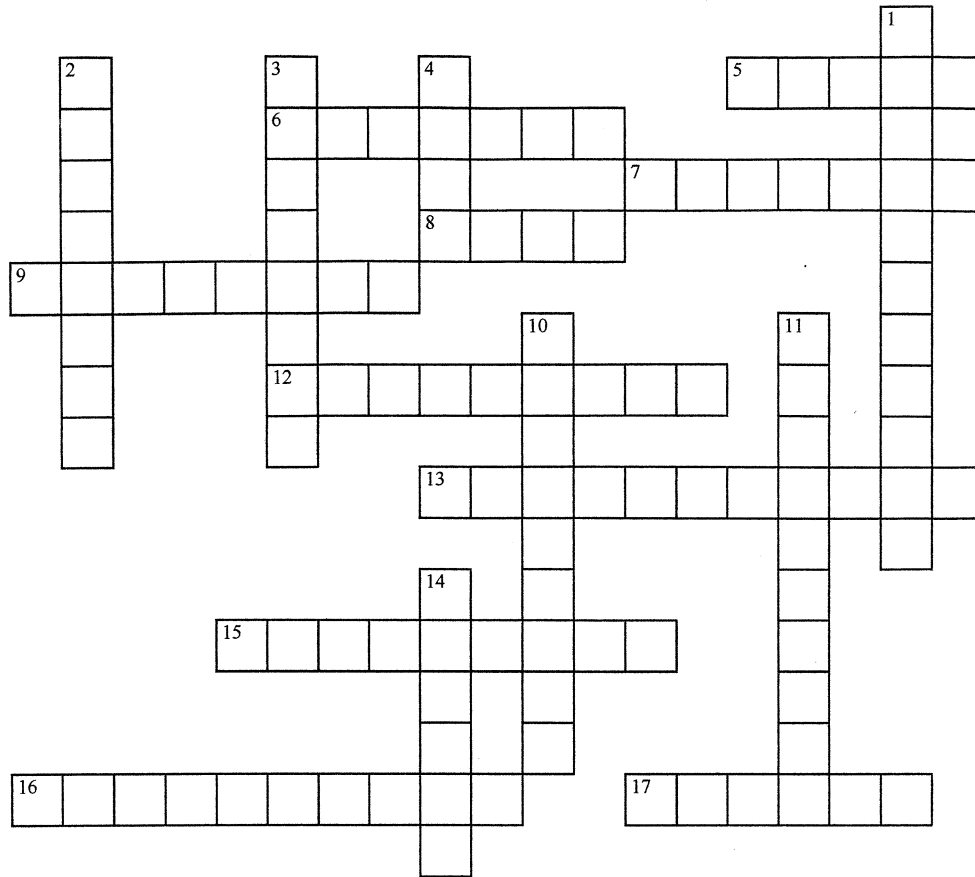


# Hand Hygiene



## ACROSS

- 5** This best practice document (acronym) provides guidelines for hand hygiene in all healthcare settings
- 6** Ingredient in hand rubs should be at least 70% concentration
- 7** Lather and rub hands together at least 15 \_\_\_\_\_ before rinsing
- 8** Studies show that handwashing compliance in health care workers is \_\_\_\_\_ (less than 40%)
- 9** 'normal' germs found on skin
- 12** It is important to maintain skin \_\_\_\_\_ to prevent cracks that could harbour bacteria
- 13** General term applies to handwashing or use of hand rub (2 words)
- 15** Wearing this can hinder hand hygiene and cause tears in gloves
- 16** Use this to turn off faucet after handwashing (2 words)
- 17** Use alcohol-based hand rub if hands are not visibly \_\_\_\_\_

## DOWN

- 1** Most effective infection control measure
- 2** To reduce spread of germs, clean hands between \_\_\_\_\_
- 3** Normal human skin is colonized with this
- 4** Product with cleaning properties, removes dirt, soil, organisms when rinsed away
- 10** Germs picked up from other sources like patients, and spread to others
- 11** These types of nails are not to be worn by those providing care
- 14** These are not substitute for handwashing

For more information please contact:  
 Communicable Disease Department  
 Grey Bruce Health Unit  
 519-376-9420 or 1-800-263-3456  
[www.publichealthgreybruce.on.ca](http://www.publichealthgreybruce.on.ca)

