

NOTE:

There is a \$25 registration fee for the prenatal series and workshop. Pre-registration is required.

Times and locations of prenatal classes are set at the beginning of the year.

These are sometimes subject to change.

Please give us a call, as we have a number of flexible options for prenatal and locations can vary according to demand.

Call 1-800-263-3456 or 519-376-9420 for more information and to register.

Please pick up a copy of the “Let’s Grow A Healthy Baby” book at your local public health, family doctor, or midwife office.



www.publichealthgreybruce.on.ca

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HEALTHY START (PRENATAL CLASS) ROSTER FOR GREY BRUCE



2011

Healthy Start—Step One: two evening classes for those who are planning a pregnancy or who are less than 18 weeks pregnant.
Healthy Start—Step Two: a one day workshop or series for those who are more than 18 weeks or have taken the Step One classes.

WALKERTON AREA

EARLY PRENATAL	DATES (Tues., Wed., Thurs.)	TIME	LOCATION
1	Tues., February 15 & 22	7 -9 p.m.	County of Bruce Administration Building Council Chambers
2	Wed., April 6 & 13	7 -9 p.m.	County of Bruce Administration Building Council Chambers
3	Thurs., July 7 & 14	7 -9 p.m.	County of Bruce Administration Building Council Chambers
4	Wed., October 19 & 26	7 -9 p.m.	County of Bruce Administration Building Council Chambers
WORKSHOP	DATE (Wednesdays & Saturdays)	TIME	LOCATION
1	Wed., February 16	9:30 - 3:30 p.m.	County of Bruce Administration Building Council Chambers
2	Saturday, June 25	9:30 - 3:30 p.m.	County of Bruce Administration Building Council Chambers
3	Wed., August 17	9:30 - 3:30 p.m.	County of Bruce Administration Building Council Chambers
4	Saturday, November 19	9:30 - 3:30 p.m.	County of Bruce Administration Building Council Chambers
SERIES	DATE (Wednesdays & Thursdays)	TIME	LOCATION
1	Thurs., March 10 - 31	7 -9 p.m.	County of Bruce Administration Building Council Chambers
2	Thurs., May 5– May 26	7 -9 p.m.	County of Bruce Administration Building Council Chambers
3	Wed., Sept. 14–Oct. 5	7 -9 p.m.	County of Bruce Administration Building Council Chambers
4	Thurs., November 3–24	7 -9 p.m.	County of Bruce Administration Building Council Chambers

OWEN SOUND AREA

EARLY PRENATAL	DATE (Tuesdays & Wednesdays)	TIME	LOCATION
1	Tues., March 8 & 15	7 -9 p.m.	Public Health
2	Wed., June 8 & 15	7 -9 p.m.	Public Health
3	Tues., September 13 & 20	7 -9 p.m.	Public Health
4	Wed., December 14 & 21	7 -9 p.m.	Public Health
WORKSHOP	DATE (Wednesdays & Saturdays)	TIME	LOCATION
1	Sat., February 12	9:30 – 3:30 p.m.	Public Health
2	Wed., May 18	9:30 – 3:30 p.m.	Public Health
3	Sat., September 17	9:30 – 3:30 p.m.	Public health
4	Wed., October 5	9:30 – 3:30 p.m.	Public Health
SERIES	DATE (Tuesdays & Thursdays)	TIME	LOCATION
2	Tues., April 5–26	7 -9 p.m.	Public Health
3	Thurs., August 4-25	7 -9 p.m.	Public Health
4	Tues., November 1-22	7 -9 p.m.	Public Health
SERIES	DATE	TIME	LOCATION
1	Wed., April 27–May 18	7 -9 p.m.	St. Anthony's School
2	TBA	7 -9 p.m.	St. Anthony's School