



# 2012 Let's Grow A Healthy Baby Roster for Grey Bruce

To register call Public Health at (519) 376-9420 or 1-800-263-3456 rev Nov 1/11

## WALKERTON AREA

WORKSHOP (1 day)	DATE	TIME	LOCATION
1	Tues., January 10	9:30 – 3:30 p.m.	County of Bruce Administration Council Chambers
2	Wed., February 15	9:30 - 3:30 p.m.	County of Bruce Administration Building Council Chambers (Lounge not available)
3	Saturday, June 23	9:30 - 3:30 p.m.	County of Bruce Administration Building Council Chambers
4	Wed., August 15	9:30 - 3:30 p.m.	County of Bruce Administration Building Council Chambers (Lounge not available)
5	Saturday, October 20	9:30 - 3:30 p.m.	County of Bruce Administration Building Council Chambers
BREASTFEEDING CLASS	DATE	TIME	LOCATION
1	Wednesday, March 7	7:00 – 9:00 p.m.	County of Bruce Administration Council Chambers
2	Wednesday, June 6	7:00 – 9:00 p.m.	County of Bruce Administration Council Chambers
3	Thursday, September 6	7:00 – 9:00 p.m.	County of Bruce Administration Council Chambers
4	Wednesday, December 5	7:00-9:00 p.m.	County of Bruce Administration Council Chambers
SERIES (4 days)	DATE	TIME	LOCATION
1	Thurs, March 8 - 29	7 - 9 p.m.	County of Bruce Administration Building Council Chambers
2	Thurs., May 3 - May 24	7 - 9 p.m.	County of Bruce Administration Building Council Chambers
3	Wed., Sept. 5 - 26	7 - 9 p.m.	County of Bruce Administration Building Council Chambers
4	Thurs., November 8 - 29	7 - 9 p.m.	County of Bruce Administration Building Council Chambers

## OWEN SOUND AREA

WORKSHOP (1 day)	DATE	TIME	LOCATION
1	Wed., January 11	9:30 – 3:30 p.m.	Public Health
2	Sat., February 11	9:30 – 3:30 p.m.	Public Health
3	Wed., March 21	9:30 – 3:30 p.m.	Public Health
4	Wed., May 16	9:30 – 3:30 p.m.	Public Health
5	Wed., June 27	9:30 – 3:30 p.m.	Public Health
6	Sat., September 15	9:30 – 3:30 p.m.	Public Health
7	Wed., October 3	9:30 – 3:30 p.m.	Public Health
8	Saturday, December 8	9:30 – 3:30 p.m.	Public Health
BREASTFEEDING CLASS	DATE	TIME	LOCATION
1	Wednesday, February 15	6:00 – 8:00 p.m.	Public Health
2	Wednesday, May 30	6:00 – 8:00 p.m.	Public Health
3	Wednesday, August 29	6:00 – 8:00 p.m.	Public Health
4	Wednesday, November 14	6:00 – 8:00 p.m.	Public Health

More classes continued on back

<b>SERIES</b> (4 days)	<b>DATE</b>	<b>TIME</b>	<b>LOCATION</b>
1	Tues., April 3 - 24	7 - 9 p.m.	Public Health
2	Thurs., August 2 - 23	7 - 9 p.m.	Public Health
3	Tues., November 6 - 27	7 - 9 p.m.	Public Health

**OTHER WORKSHOPS/SERIES**

<b>WORKSHOPS</b> / <b>SERIES</b>	<b>DATE</b>	<b>TIME</b>	<b>LOCATION</b>
1	Spring - TBA	7 – 9 p.m.	OEYC - St. Anthony's School
2	Fall - TBA	7 – 9 p.m.	OEYC – St. Anthony's School

**NOTE:**

The Breastfeeding class is free - clients are to bring a doll, receiving blanket and a pillow. All other classes pre-registration and payment is required. There is a \$35.00 registration fee for the workshop or series and a \$35.00 fee for online. If signing up for a workshop/series plus the online, the cost is \$50.00. Please pick up a copy of the "A Healthy Start for Baby and Me" book at your local health unit, family doctor, or midwife office.