

Turn off the Screens Events – April 18 to 22

Opportunities for Family Activities

WHEN	WHAT	WHERE	TIME	WE DID IT! ✓
April 18	Free Swim!	Centennial Pool – Port Elgin	7 - 8 p.m.	
April 18	Free Volleyball Free Basketball	Owen Sound Family Y Volleyball 8-12 year olds For more info call 376-0484 Basketball 9-13 year old	4:15 - 5 p.m. 6:15 - 7 p.m.	
April 19	Free! Jiu Jitsu	John Diefenbaker Secondary School Gym 3 (demonstration and time to try it) Register by calling 364-3770 ext. 240	7 - 8 p.m.	
April 19 & 21	Swimming	Adult & Tot at Hanover Regional Aquatic Centre	6:15-7:15 p.m.	
April 19	Badminton	Mildmay - Sacred Heart School - drop in/register on site \$2/night	6:30 - 8 p.m.	
April 20	Swimming	Hanover Regional Aquatic Centre	7 p.m.	
April 20	Trail Walk	Meet at Karl Wilken Park - Hanover Big Brothers/Big Sisters – Everyone Welcome	6:30 p.m.	
April 21	Basketball	Formosa - Immaculate Conception School - drop in/register on site \$2/night	6:30 - 8 p.m.	
April 21	Family Walk	Kincardine Harbour Boardwalk	7 p.m.	
April 21	Free! Kung Fu	The Golden Tiger School of Kung Fu – Hanover Register by calling 364-6475	6 - 8 p.m.	
April 22	Swimming	Hanover Regional Aquatic Centre	6:30 p.m.	
April 22	Hike or Bike	Saugeen Rail Trail – call Joyce Scammell 832-9193 to register. Refreshments provided.	4:15-6:15 p.m.	
April 22	Free Use Gym Kids Club	Owen Sound Family Y (variety of activities) (there is a cost of \$5.00 to non-members) 8 - 12 year olds	4 - 6 p.m. 7 - 9 p.m.	
April 22	Gymnastics	Huron Shores Gymnastic & Trampoline Club – Port Elgin (\$5.00)	7:30-8:30 p.m. Drop-In	
All Week	Books and Board Games	Libraries in Grey & Bruce Counties	Library Hours	
All Week	Great Outdoors	Enjoy parks, conservation areas and local trails from Bruce Grey Trail Network Brochure www.bucegreytrails.com		

NOTE: Regular admission fees apply for swimming unless otherwise indicated.

Turn Off the Screens Week Rules:

- Be screen-free; no TV, video games or computer use other than for homework.
- A parent must sign the log sheet verifying that the student's log sheet information is correct.
- All log sheets returned by the deadline date that verify the student was screen-free for a minimum of 3 days will be entered into a random draw for prizes.
- One entry per elementary school-aged child in Grey-Bruce will be accepted.
- A random draw for all prizes will take place by May 28, 2005.
- The first entry drawn with all 5 days screen-free will be awarded the grand prize.
- Prize winners may be required to verify that all information provided was accurate and complete.
- Prizes are not transferable or redeemable for cash.
- Family members of Grey Bruce Partners in Health projects and Public Health staff are ineligible to win prizes. Log sheets are eligible to be returned for inclusion for school eligibility.