



Information Bulletin

April 30, 2009

Swine Flu Update

Human Swine Flu Cases

There are confirmed cases of human swine flu in Ontario related to the Mexico and American situation. All cases have a mild illness. No one has been hospitalized. Additionally, a number of cases are currently under investigation in Ontario.

With the World Health Organization moving to pandemic alert Level 5, the Grey Bruce Health Unit is in Level 2 of its [Pandemic Plan](#). This includes:

- Enhanced surveillance
- Providing additional guidance to the health care sector in support of early identification and treatment of cases
- Escalating communication activities to ensure the health care system and public are aware of the current situation and actions they should be taking

To minimize the risk of being infected [wash your hands frequently](#), control coughs and sneezes, and stay home when sick.

* If you have travelled to Mexico recently and are feeling well, monitor yourself for flu-like symptoms. In the meantime, go about your normal routine. There is no need to stay away from work or school. If you are feeling well, do not go to the emergency department or your family doctor.

* If you have travelled to Mexico and are experiencing symptoms of respiratory illness, contact your health care provider or call Telehealth Ontario at 1-866-797-0000.

For information on [swine flu](#), call the ServiceOntario INFOLine at 1-800-476-9708 --
Hours of Operation: 8:00 am - 8:00 pm (7days/wk).

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