

Ontario Ministry of Health Promotion Healthy Communities Framework 2010/11

Vision Healthy Communities working together and Ontarians leading healthy and active lives.

- Goals**
- Create a culture of health and well-being
 - Build healthy communities through coordinated action
 - Create policies and programs that make it easier for Ontarians to be healthy
 - Enhance the capacity of community leaders to work together on healthy living

Healthy Communities Fund Components

Grants Project Stream

Provides funding to local and provincial organizations for projects in priority risk factor areas.

Partnership Stream

Promote coordinated planning and action among community partners to create policies that make it easier for Ontarians to be healthy.

Resource Centre

Build capacity of partnerships and communities by providing training and support to build healthy communities.

Guiding Principles

- Empower communities using a shared decision-making model
- Strengthen partnerships within and between communities and between local and provincial partners
- Mobilize a variety of community partners and sectors for change
- Focus on those at-risk for poor health to reduce disparities
- Build on research, evidence and experience
- Accountable to communities and the ministry through measurable outcomes
- Work toward sustainable programs and strategies

Priorities and Outcomes

Physical Activity, Sport and Recreation

- Access to recreation and physical activity
- Support active transportation & improve the built environment

Injury Prevention

- Promote safe environments that prevent injury

Healthy Eating

- Access to healthier food
- Educate and develop food skills

Tobacco Use/ Exposure

- Access to tobacco-free environments and smoking cessation services
- Educate the public about the risks of tobacco use

Substance & Alcohol Misuse

- Increase resiliency in youth
- Engage youth in alcohol misuse prevention strategies

Mental Health

- Increase resiliency in youth