

Smoking Cessation During Pregnancy Workshop Registration Form

Name: _____

Address: _____

Telephone: _____

\$30 payment due upon registration

Make cheque payable to Grey Bruce Health Unit

Registration deadline June 17, 2005

Note: A \$15.00 fee will apply to all cancellations.

Mail completed form and cheque to:

Grey Bruce Health Unit
920 1st Avenue West
Owen Sound, Ontario N4K 4K5
Attention: Georgia Stanley



For more information call Georgia Stanley at 376-9420.

You are invited to a
Training Workshop
featuring Dr. Peter Selby, M.D.

Topic: Smoking Cessation During Pregnancy



Sponsored by



Health Canada

 Ontario
Early Years



Smoking Cessation During Pregnancy Workshop

Guest Speaker: Dr. Peter Selby, M.D.
Centre for Addiction and Mental Health

Topics:

- Effective cessation counselling strategies for pregnant women.
- Pharmacological interventions and the impact of these interventions during pregnancy and breastfeeding.

Date: Wednesday, June 29, 2005

Time: 10:00–12:00 p.m. (Registration 9:30–10:00)

Location: Owen Sound Golf & Country Club

Registration Fee: \$30.00 – Lunch included

Registration Deadline: June 17, 2005

April 1, 2005

Dear Community Partner:

Maternal cigarette smoking during pregnancy has negative long-term health and developmental consequences for the baby. Most women want to have a healthy baby and want their child to reach its full developmental potential. Pregnancy provides an incentive for women to quit smoking. Unassisted quit rates are only 20% (CTI Bulletin, 2004) but with effective interventions by health care providers this success rate can rise to 70% (Melvin, 2004). Those babies (and moms) need your help!

The Public Health Unit and Ontario Early Years have invited Dr. Peter Selby from the CAMH to facilitate a workshop for physicians that will demonstrate effective, brief, evidence-based interventions. The workshop will outline the most effective counselling strategies, pharmacological interventions and research evidence about those interventions during pregnancy and breastfeeding.

The training session is 2 hours in length and is accredited for two Mainpro 1 credits by the Canadian College of Family Physicians. Register now!

Yours truly,

Original signed by

Dr. Hazel Lynn

Hazel Lynn, MD, CCFP, FCFP, MHSc
Medical Officer of Health

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