

AGENDA

- 8:30 – 9:00 **Registration**
- 9:00 – 9:15 **Welcome**
- 9:15 – 10:15 **Keynote Address**
Duane Dhal
- 10:15 – 10:30 ~ B R E A K ~
- 10:30 – 11:30 **Duane Dhal**
- 11:30 – 12:00 **Panel Presentation**
- 12:00 – 12:45 ~ L U N C H ~
- 12:45 – 2:00 **1st Concurrent Session**
- 2:00 – 2:15 ~ B R E A K ~
- 2:15 – 3:30 **2nd Concurrent Session**
- 3:30 **Closing Remarks & Evaluation**

Friday, October 20, 2006
8:30 a.m. – 3:30 p.m.
Inn On The Bay, Best Western
1800 2nd Ave. E., Owen Sound ON
(across from the Bayshore)

\$50.00 includes Lunch & Resources

Concurrent Session A Youth Substance Use and Abuse

Dave Roy, BSW
Supervisor & Counsellor with CHOICES

Youth substance use occurs along a continuum and experimentation in adolescence is not uncommon. Some young people appear to be able to use and to stop without significant consequence, while others go on to develop more serious problems.

Dave will review the substances that appear to be the most prevalent in Grey/Bruce, their impact on youth and their potential to interfere with this critical developmental stage. He will also provide information related to treatment resources and what is available for families affected by substance abuse in our region.

Concurrent Session B In Search of “Normal”: Exploring Common Mental Health Issues for Teens

Patti Wright-Koeslag, MSW, RSW
Melody Robinson, M.Ed.
*Counsellors with Keystone Child, Youth
& Family Services*

This workshop will examine typical adolescent emotional development. Discussion will focus on possible indicators of depression, anxiety and self-harming behaviours. Supports available in the community will be highlighted.

Concurrent Session C Queer 101

B.J. Caldwell
HIV/AIDS Prevention & Outreach Educator

This session is an introduction on LGBTQ youth issues (Lesbian, Gay, Bisexual, Transgendered, Queer). BJ will update participants on typical language and labels used by and against LGBTQ youth and common issues they face.

Practical strategies will be given and resources supplied to help you support LGBTQ youth.



Wired Teens: What You Need To Know

Panel Presentation

The number of teenagers using the internet has grown 24% in the past four years and 87% of those between the ages of 12 and 17 are online. Teens live in a world enveloped by communications technologies; the internet and cell phones have become a central force that fuels the rhythm of daily life.

A local youth, police officer and computer technician will update and inform participants of the latest technology “gadgets” and methods that are being used by teens to communicate with their peers.

10th Annual Adolescent Workshop “What Teens Need To Succeed”

To register, fill out the information below and return (with your cheque) to: Grey Bruce Health Unit, 920 1st Avenue W., Owen Sound, ON N4K 4K5

Attention: Sue O'Reilly

Registration Fee: \$50.00 (includes GST) - includes lunch, refreshment breaks and resources.

Registration deadline is Friday, October 13, 2006

Please make all cheques payable to: Grey Bruce Health Unit - Attention: 10th Annual Adolescent Workshop

Name: _____ Organization / Employer: _____

Address: _____ City: _____ Postal Code: _____

Business Phone: _____ Home Phone: _____ E-mail _____

You will be able to participate in two concurrent sessions. Please indicate your preferences (A,B,C,)

1st choice _____ 2nd choice _____ 3rd choice _____

Cancellation & Refund Policy: A non-refundable administration fee of \$25.00 is applicable in the event of cancellation.

Duane Dhal

Keynote Speaker

Known primarily for his passion for youth issues and the Asset Building framework, Duane is also involved with issues of sustainable development, social capital, and community capacity-building.

Duane's dynamic presentation style will rejuvenate your work with youth and provide you with strategies and new ideas. Participants will be given an overview of the 40 Developmental Assets with examples of interventions that will boost asset development in teens. Duane will also discuss ways to influence interest in positive youth development in the community and workplace. Be prepared to take home skills that can be used with teens, colleagues and your community.

Duane is currently the Assistant Director of the Hamilton East Kiwanis Boys' and Girls' Club, Chair of the Asset Building Coalition of Hamilton and Chair of Hamilton's new Community Coalition on Bullying.

Duane provides workshops and training for a variety of organizations in Hamilton and abroad, and has presented at a number of national conferences.

10th Annual Adolescent Workshop

What Teens Need To Succeed



An educational opportunity for educators, agencies and community members who work with youth.

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Inn on the Bay
Owen Sound, Ontario

Presented by



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