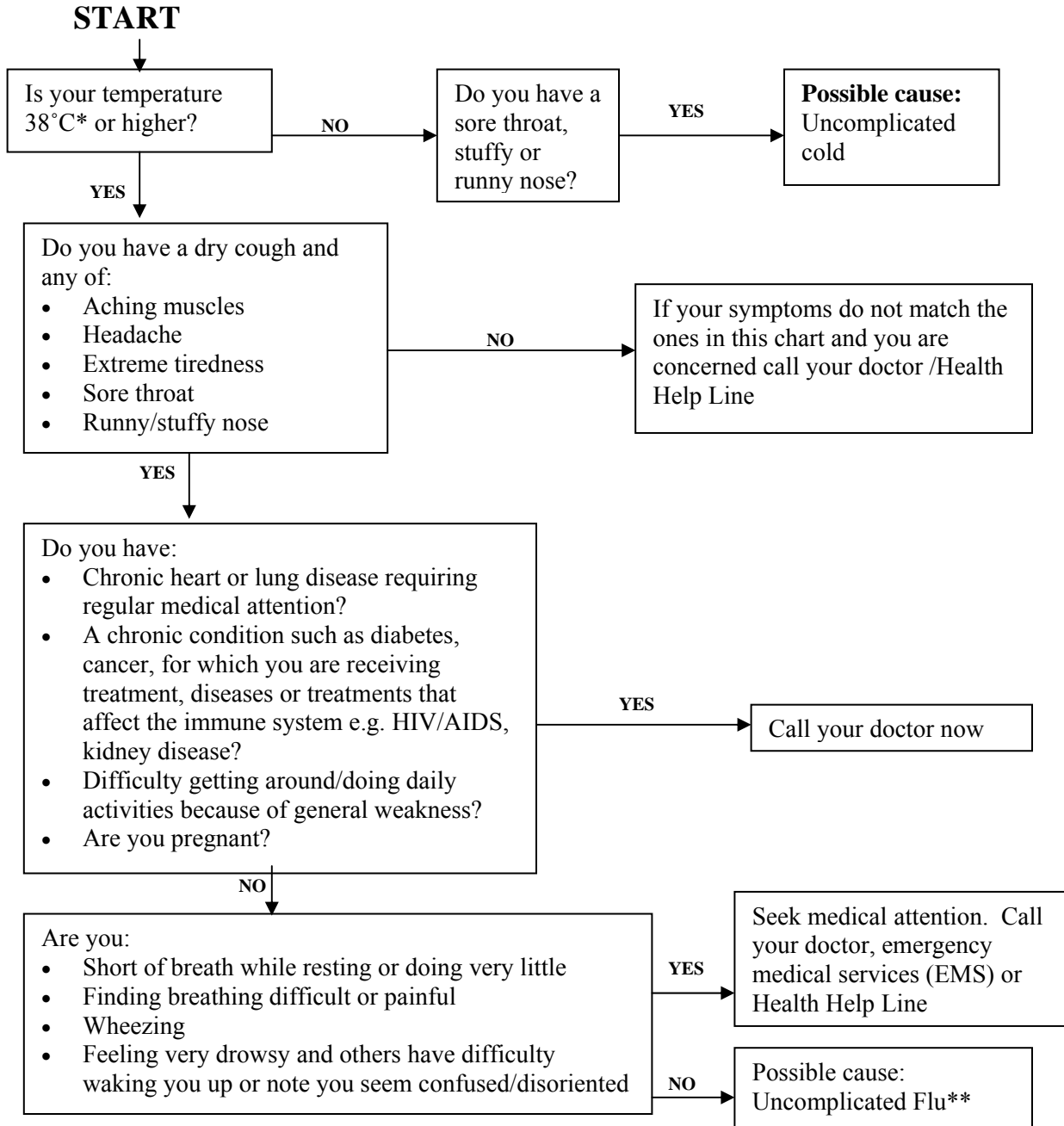


Facts

SELF CARE DECISION TREE FOR ADULTS



*For people older than 75 years, the temperature may be lower e.g. 37.2° C

**Uncomplicated Flu: Usually the symptoms start to clear up in 5-7 days

Source: Canadian Pandemic Influenza Plan. Feb. 2004. Annex G. Pg 260