## **Safety Matters: Creating Safe Work Environments for Nurses**



Start Date: 5/14/2019 9:00 AM

End Date: 5/14/2019 1:00 PM

Safety Matters: Creating Safe Work Environments for Nurses

Registration Cost : No Fee

Date : Tuesday May 14, 2019

Time : 9:00am - 1:00pm

Location: Grey Bruce Health Unit, 101 17th St. East

Note : Lunch is provided. Gluten free options will be available

Event Contact: Sarah Ellis

Contact at :519-376-9420 ext. 1443or s.ellis@publichealthgreybruce.on.ca

Join us for this annual nursing education event. Safe work environments are key to nursing safety. Safety encompasses physical safety, emotional safety and psychological safety. Come hear from a panel of nurses about how they keep "safety first" at work. Then relax and enjoy some "self-care" sessions to help you maintain balance in your life. You can explore tai chi, mindfulness, pet therapy and traditional indigenous healing therapies.

**Event Objective:** 

Explore safe work environments through a nursing lens. Share stories from front line nurses on how to keep safety first at work. Experience self-care strategies that may help nurses maintain a work-life balance.

Agenda Overview