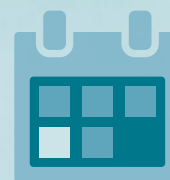


# Don't wait to get the **Flu Vaccine**



You can spread the flu up to **24 hours before** your symptoms start.\*

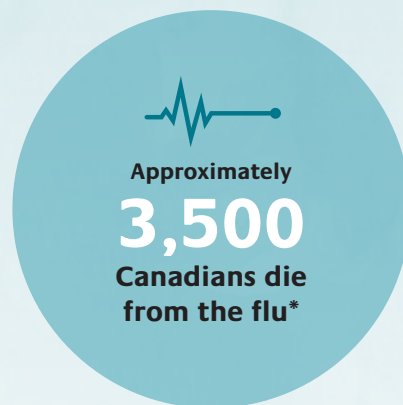
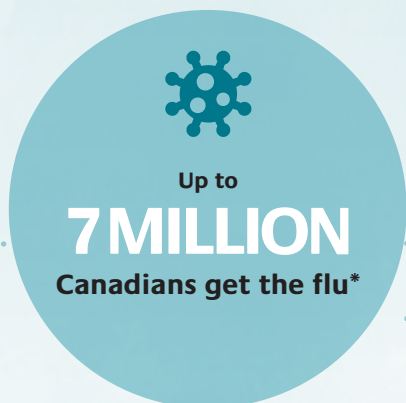
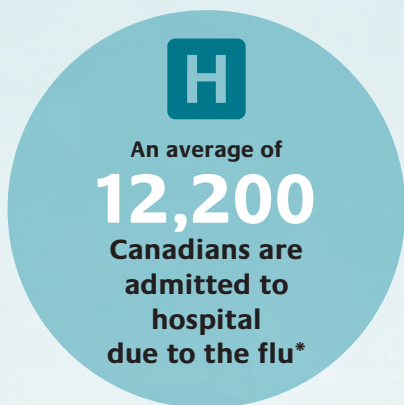


**1-4 DAYS**

It takes **1-4 days** for flu symptoms to appear after exposure.\*



## EACH YEAR



To learn more and to find out where to get your flu vaccine visit [Canada.ca/flu](http://Canada.ca/flu)

\* National Advisory Committee on Immunization. Statement on Seasonal Influenza Vaccine for 2015-2016.

