

To reduce overdose risk:

- * Avoid using drugs alone. If using with someone else, don't use at the same time. If using alone, call or text the National Overdose Response Service (NORS) at 1-888-688-6677 or use the Brave App.
- * Take extra caution if mixing substances. Mixing substances, including alcohol, increases the risk of harm and overdose.
- * Get overdose prevention training and carry a naloxone kit.
- * Start with a low dose and increase slowly, especially if trying something new or restarting use.
- * Recognize the signs of an overdose: Slow or no breathing, gurgling or gasping, lips/fingertips turning blue, the person is difficult to wake up and/or non-responsive.
- * If you think you may be having an overdose or are witnessing an overdose, call 9-1-1 immediately.

The Good Samaritan Drug Overdose Act can provide legal protection if you call 9-1-1 to save the life of someone else or yourself in an overdose situation.

GB Works Locations

Grey Bruce Public Health
101 17th St. East, Owen Sound
Monday-Friday 8:30am-4:00pm

Safe N' Sound
310 8th St. East, Owen Sound
Apr 1st - Oct 31st open 7 days/week,
9:00 am - 3:00 pm
Nov 1st - Mar 31st open 24/7

Addiction Treatment Centre
1050 2nd Avenue East,
Unit 2/3, Owen Sound
Monday-Thursday 8:30am-3:00pm
Friday 8:30am-2:00pm
Closed daily 12:30pm-1:00pm
Saturday & Sunday 9:00am-12:00pm
Open Stat Holidays 9:00am-12:00pm

Owen Sound IDA Pharmacy
6-810 10th Street West,
Owen Sound
Monday-Friday 9:00am-6:00pm
Saturday & Sunday 9:00am-2:00pm

Brown's Guardian Pharmacy
331 Durham St. E, Walkerton
Monday-Friday 9:00am-6:00pm
Saturday 9:00am-5:00pm

Lucknow Pharmasave
622 Campbell Street, Lucknow
Monday-Friday 9:00am-6:00pm
Saturday 9:00am-5:00pm

Durham Apothecary
320 College St. North, Durham
Monday-Thursday 9:30am-6pm
Friday 9:30am-5:00pm
Saturday 10:00am-2:00pm

Pharmasave, Hanover Medical Clinic-lower level
118 7th Avenue, Hanover
Monday-Friday 8am-6pm

Dundalk Village Pharmacy
55 Proton St N, Dundalk
Monday-Friday 9:00am-6:00pm
Saturday 9:00am-4:00pm

Canadian Mental Health Association Locations

1101 2nd Ave East, Owen Sound,
Suite 205 and 207
1024 2nd Ave East, Owen Sound
1105 1st Ave East, Owen Sound
425 10th Street, Hanover, Unit 8
865 Queen Street, Kincardine
353 High Street, Southampton
527 Berford Street, Wiarton
Monday-Friday 8:30am-4:30pm

Rexall Meaford
54 Sykes Street North, Meaford
Monday-Friday 8:00am-8:00pm
Saturday & Sunday 8:00am-6:00pm

Rexall Southampton
174 Albert St S, Southampton
Monday-Friday 8:00am-8:00pm
Saturday & Sunday 9:00am-6:00pm

Kristen's Pharmacy-Southampton
197 Albert Street South Unit#3,
Southampton
Monday-Friday 9:00am-6:00pm
Saturday 9:00am-1:00pm

Sauble Beach Pharmacy
329 Main Street, Sauble Beach
Monday-Friday 9:00am-6:00pm
Saturday 9:00am-5:00pm

Chesley Pharmacy
38 1st Ave S, Chesley
Monday-Friday 9:30am-6:00pm

South East Grey Community Health Centre
55 Victoria Ave, Markdale
Monday-Friday 8:30am-3:30pm

Paisley Pharmacy
514 Queen Street S, Paisley
Monday-Friday 9:00am-5:30pm
Saturday 9:00am-4:00pm



GB WORKS NEEDLE SYRINGE PROGRAM



Services are free and confidential

Grey Bruce Public Health

Preventing disease, promoting health,
protecting you.

Needle Syringe Programs:

Needle Syringe Programs are based on the principle of harm reduction.

We want to meet people who use drugs *'where they are at'* and help to reduce the negative consequences related to drug use.



Our Goals:

To reduce the spread of HIV, Hepatitis C, Hepatitis B, and other infections.

To encourage safe disposal of needles and other supplies.

To help prevent fatal overdose.

Services include:

- * **Sterile needles**
- * **Alcohol swabs, filters, sterile water, tourniquets, and cookers**
- * **Disposal of used substance use equipment**
- * **Steroid injection equipment**
- * **Safer smoking equipment**
- * **Hepatitis A & B vaccinations**
- * **Blood borne infection testing**
- * **Referrals to other services**
- * **Condoms & STI testing**
- * **Information on safer injection**
- * **HIV/AIDS & Hepatitis education**
- * **Health & social service referrals**
- * **Naloxone education and distribution**

SERVICES ARE FREE AND CONFIDENTIAL

To find a site anywhere in Ontario, please visit:
<http://www.ohrdp.ca/find-a-needle-syringe-program/>



Safer Injecting:

- * Never share needles, water, cookers, filters, or tourniquets.
- * Keep everything sterile. Use an alcohol swab on surfaces, your fingers, and the injection site before injecting.
- * Put used sharps in a sharps container or other hard plastic container and bring it back to your needle syringe program site or a pharmacy.



Source: Canada's Source for HIV and Hepatitis Information, 2015