

June 25, 2025



Drug Alert



Sold as heroin, this sample contained 50% crystal meth

A recent drug test of a local sample of drugs showed unexpected results. A cream/beige coloured powder being sold as heroin contained approximately 50% heroin and 50% crystal meth.

In any drug overdose, call 911 and administer naloxone every 2-3 minutes until the person starts breathing. Stay until help arrives.

Follow these harm reduction practices:

- Don't use alone -- have a trusted, sober friend present. Call or text NORS 1-888-688-6677 if using alone or download and use the Brave App.
- Get overdose prevention training and carry a naloxone kit.
- Take extra caution if mixing substances. Mixing substances can increase the risk of harm and drug poisonings.
- Go slow -- start with a low dose and increase slowly, especially if trying something new or restarting use.
- Call 911 in an overdose. The Good Samaritan Drug Overdose Act provides legal protection for people who witness or experience an overdose and call for help.
- Use only new supplies and avoid sharing supplies. This reduces the risk of getting or passing on an infectious disease. Supplies are available at GBPH and community partners.

Suicide Crisis Hotline: 9-8-8

Connex Ontario: 1-866-531-2600

Supportive Outreach Services (SOS): 519-379-8743

Rapid Access Addiction Medicine (RAAM) Clinic: 519-376-3999

National Overdose Response Service (NORS): 1-888-688-6677



**Grey Bruce
Public Health**

Please remove by July 2, 2025