

Be smart with sharps

Keep our communities safe—
use a sharps container!



DO NOT

Throw loose sharps
in garbage



Put sharps in
recycling bin



Flush sharps
down toilet



Throw sharps in
bushes or parks



DO use a sharps container Steps to safe needle disposal

- Treat all needles and drug equipment as contaminated
- Do not try to recap the needle or break the tip off

1



Put on gloves to
protect yourself
from fluid
contamination
(they won't
protect against
punctures or
cuts).

2



Bring a puncture
proof, sealable
container to
the site of the
needle and
place on a flat
surface. Sharps
containers are
preferred.

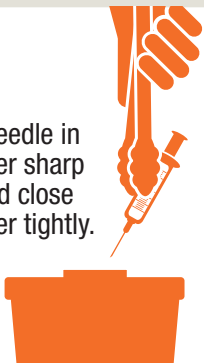
3



Pick up the needle
with BBQ tongs
or tweezers by
the middle of the
plastic tube with
the sharp end
facing down. If
there are multiple
needles, pick them
up one at a time.

4

Place the needle in
the container sharp
end first and close
the container tightly.



5



Remove gloves and wash your
hands with warm water and
soap or use hand sanitizer.

6



For disposal, bring
the sharps container
to the Grey Bruce
Health Unit or call
your local pharmacy.

I got poked by a needle. What do I do?

Remain calm. Allow the wound to bleed freely. Wash the wound with soap and water. Apply a sterile, waterproof bandage. Seek immediate medical attention by calling your physician or going to the hospital.

Adapted with permission from The Regional Municipality of Waterloo (Public Health and Emergency Services).

GREY BRUCE PUBLIC HEALTH

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