

Be Prepared for an emergency.

Know your Neighbour



Chances of survival are improved when you know your neighbour. Why?

1. In a vast rural area emergency response may be delayed
2. Neighbours can be the first to help
3. Neighbours know where you live & what you may need

Neighbourhood Emergency Plan

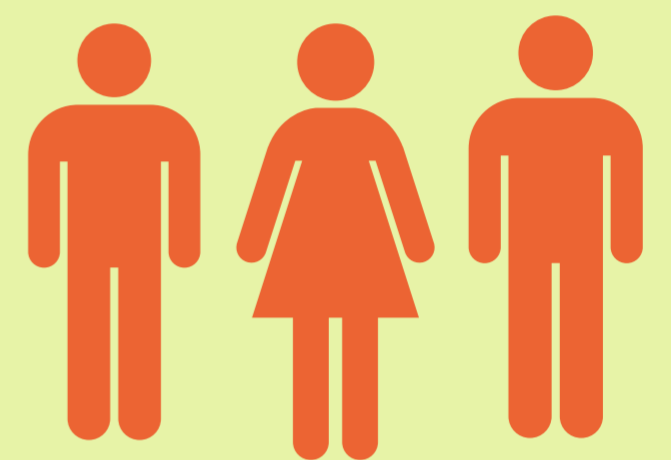
1. Define your area

- What streets are you covering
- How many households
- Where are community facilities



2. Develop a team

- Recruit leaders
- Find out who has CPR or other certification
- Recruit those who are doctors, nurses & veterinarians
- Recruit members through local organization & churches



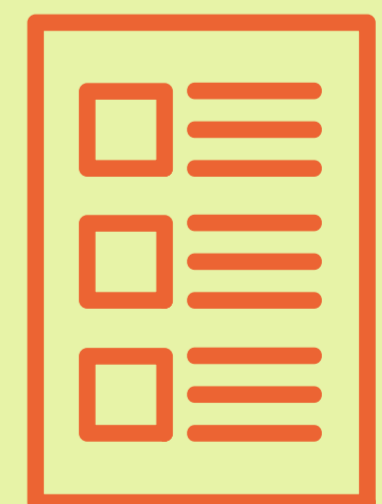
3. Scout your area

- Assess risks & their likeliness
- Neighbourhood assets: anyone or anything that is helpful in an emergency



4. Develop emergency plan

- Have a meeting area
- Know who has special needs
- Share resources like transportation, generators & food
- Put plan in writing & distribute plan to neighbourhood
- Have teams of 3-7 for specific responsibilities and a lead for each team



Neighbourhood Contact Lists

House #1

Address:

Adults:

Children:

Phone:

Email:

Pets:

Specific needs:

Resources to share:

Key contacts outside of area

Name:

Phone:

Email:

Neighbourhood assets

- Business that can provide supplies
- Generators
- Physical spaces: fire halls, schools, hospitals
- Persons trained in first aid, medical care, plumbing

Asset type

Asset description

Asset contact info

**Map your
neighbourhood &
gathering place**

Radio Stations

AM 520 | 920

FM 91.3 | 92.3 | 93.7 | 94.5

95.5 | 97.9 | 99.3 | 101.7

106.5



Your emergency kit should have a battery or crank-operated radio