

PRENATAL CLASSES OFFERED IN GREY BRUCE

ALL CLASSES INCLUDE A BREASTFEEDING COMPONENT

Location	Format	Cost	How To Register
Hanover Family Health Team (HFHT) at the Hanover & District Hospital 90 7th Ave (2nd floor) Hanover	Every other month Tuesday evenings 7-9pm	Free	Call 519-506-4348 or 1-855-677-4348 Everyone welcome (Do not need to be rostered with the HFHT)
Brockton & Area Family Health Team (BAFHT) at the Walkerton Hospital (South Bruce Grey Health Centre) 21 McGivern St. West Walkerton	One Day Workshops and one evening/week series	Free	Call 519-507-2021 or 1-866-507-2021 ext. 41 Everyone welcome (Do not need to be rostered with the BAFHT)
Online Prenatal Program	Online Learn in the comfort of your own home, at your own pace	Free	Call 519-376-9420 or 1-800-263-3456
MOMS Unique Finds Store 403 Durham St East Walkerton	One Day Workshops	Free	Call 519-379-6769
M'Wikwedong Native Cultural Resource Centre 1723 8th Ave East Owen Sound	One Day Workshops	\$50 per couple	Call 519-377-4931 Everyone Welcome