



How is your child growing and developing?

The Nipissing District Developmental Screen (ndds) is a simple checklist to help you find out if your child is developing as expected. Track your child's growth and development by completing the **Nipissing District Developmental Screen (ndds)** for your child.

The YES/NO questions measure your child's abilities in a number of key areas. There are also suggested activities to prepare your child for the next stage of development. If one or more NO response is marked, talk to a health care provider or child care professional about your concerns. Early identification and intervention will increase your child's ability to reach their full potential.

The 13 stages of the ndds from one month to six years of age are available free of charge to all Ontario residents and are available in English, French, Chinese, Spanish, Vietnamese, Arabic, Russian and Farsi.

To access them or to order multiple checklists, please visit www.ndds.ca.

Parents can also register their child electronically at www.endds.ca to receive email reminders when it's time to do the next checklist.

This material has been provided by Grey Bruce Health Unit. For more information on growth and development visit publichealthgreybruce.on.ca/Your-Health-Child-and-Family-Health or contact Grey Bruce Health Services at 1-800-263-3456