



Grey Bruce  
Public Health

# GET YOUR COVID-19 & FLU SHOT THIS FALL

Vaccination is your best defence  
against the latest variants of  
COVID-19 and seasonal flu.

## WHO SHOULD GET THE COVID-19 & FLU VACCINES?

Anyone 6 months & up.

The Ministry of Health recommends receiving the XBB.1.5-containing COVID-19 vaccine if it's been at least 6 months since your last COVID-19 dose or COVID-19 infection.

You're considered **up to date** on the COVID-19 vaccine if you receive a dose this fall.

You can get both vaccines at the same time.



[publichealthgreybruce.on.ca](https://publichealthgreybruce.on.ca)



### PRIMARY CARE

You can get the COVID-19 and flu shots at your doctor or nurse practitioner's office.



### PHARMACY

The vaccines are available at participating pharmacies.

[Map of participating pharmacies in Grey Bruce.](#)



### PUBLIC HEALTH

GBPH will be holding clinics for people facing barriers to getting vaccinated, including children 12 and under.

[Calendar of clinics.](#)