

# Diaper Changing Procedure

For Child Care Centres



Grey Bruce  
Public Health

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## PREPARE

- Gather supplies (clean diaper, wipes, creams, gloves)
- Cover change surface (if applicable)
- Wash hands
- Put on gloves (if needed)

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## REMOVE DIAPER AND CLEAN CHILD

- Remove diaper and put out of reach of child
- Dispose of soiled diaper, wipes and gloves
- CLEAN YOUR HANDS with wipes or hand sanitizer

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## DIAPER AND DRESS CHILD

- Apply clean diaper
- Apply barrier cream (if applicable) with a disposable wipe or glove

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## CLEAN CHILD'S HANDS

- Help the child clean their hands with soap and water

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## CLEAN AND DISINFECT YOUR SPACE

- Clean and disinfect change surface and surrounding touch areas after every use
- Follow product directions for concentration and contact times

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## CLEAN YOUR HANDS

- Clean your hands again, preferably with soap and water, or with hand sanitizer as long as not visibly soiled