Issue #08 September 2023

### Increase in pertussis cases confirmed in neighbouring Public Health Unit

- Huron Perth Public Health is seeing an increase in lab-confirmed cases of pertussis (whooping cough). The cases involve unvaccinated individuals.
- A Public Health Alert was issued by HPPH on Sept. 1, 2023.
- In mid-August, the Timiskaming Health Unit declared a pertussis outbreak.
- GBPH's last reported pertussis case was in May 2023 in an unvaccinated individual
- Pertussis is a reportable disease in Ontario.
- Unvaccinated/incompletely vaccinated infants and pregnant individuals in their third trimester have the highest risk for severe complications and death.

### Public Health investigating Tuberculosis case

- GBPH has been investigating a TB infection in Grey-Bruce, which has included contact tracing and making arrangements to offer TB skin testing to identified contacts.
- Tuberculosis is a <u>reportable disease in Ontario</u>.
- Active TB cases are rare in Grey-Bruce, with only one case reported in 2021 and zero cases reported from 2017-2020.
- Additional information: <u>Canadian Tuberculosis Standards 8th Edition.</u>

#### Together, we can eliminate rabies

- Sept. 28, 2023, is World Rabies Day.
- About 59,000 people each year die from rabies. 95% of the deaths are in Africa or Asia.
- There hasn't been a human case of rabies in Ontario since 2012. Last year, there were 61 known rabies cases in animals in Ontario the majority involving bats.
- Rabies resources for primary care providers: Rabies Vaccine.

## <u>Public Health Agency of Canada scientists make major breakthrough on HIV genetic research</u>

- New genetic variants have been discovered that may explain why certain people have a lower viral load, which slows down HIV from replicating and transmitting.
- This is a major breakthrough in the understanding of HIV that may lead to new HIV treatment and prevention strategies.

# Federal government provides \$177M to CAMH to launch national three-digit number for suicide prevention

- The 9-8-8: Suicide Crisis Helpline will be available across Canada on Nov. 30, 2023.
- It will offer trauma-informed and culturally appropriate crisis services.

### **Resources for Primary Care Professionals**

- Ontario Marginalization Index. A data tool that combines a wide range of demographic indicators into four distinct dimensions of marginalization.
- Respiratory Virus Overview in Ontario.
- CMHA Workplace Mental Health Resources.
- Summer newsletter for the National Collaboration Centre for Health Equity.
- An evaluation guide to support community-based interventions to prevent substance-related harms in youth.
- The Canadian Task Force on Preventive Health Care has updated its <u>guidance on preventing fragility fractures.</u>

### **Educational opportunities**

- 4-part Special Interest Series on <u>Child & Youth Mental Health in First Nations, Inuit, and Métis communities.</u> September & October. Organizer: ECHO Ontario Child & Youth Mental Health and ECHO Ontario First Nation. *Offered via Zoom.*
- <u>Sexually Transmitted and Blood-borne Infections: Barriers to Screening</u>. Self-paced.
   Organizer: UBC. Offered online. Accredited.

### Grey Bruce Public Health Media Releases: August 2023

- Aug. 2, 2023 Crow found in area tests positive for West Nile Virus
- Aug. 3, 2023 GBPH continuing to offer clinics to support students in getting up to date on routine vaccines

publichealthgreybruce.on.ca

- Aug. 18, 2023 <u>Public assistance request dog bite Chesley</u>
- Aug. 28, 2023 Community gatherings planned to mark International Overdose
   Awareness Day