

Primary Care Update

A monthly newsletter for healthcare practitioners in Grey-Bruce

Sept 2025 Issue #31

Limited Supply of Rabies Vaccine and Immunoglobulin

There is an ongoing provincial supply shortage of rabies vaccine and rabies immunoglobulin, used for post-exposure prophylaxis (rPEP) in the management of potential human exposures to the rabies virus. Locally, GBPH's supply of rabies vaccine remains low.

GBPH is requesting that health care providers conduct a thorough risk assessment for all reported potential rabies exposures as per provincial guidance. Please consult GBPH prior to rPEP administration.

Respiratory Syncytial Virus (RSV) Prevention Program Infants and High-Risk Children:

- Two products can be used for the prevention of RSV disease in infants and high-risk children during the RSV season.
 - Beyfortus is a monoclonal antibody given to infants just prior to or during their first RSV season or high-risk children in their second season.
 - Abrysvo is a vaccine given to pregnant individuals to subsequently protect their infants.

The National Advisory Committee on Immunization (NACI) preferentially recommends

- the use of Beyfortus over Abrysvo. The upcoming RSV season will begin November 1. Pending product availability, ad-
- ministration with either Beyfortus or Abrysvo can begin in early October. Please see the attached health care provider fact sheet for eligibility criteria and additional information on the 2025/2026 infant RSV program.
- Infant and High-Risk Children Respiratory Syncytial Virus (RSV) Prevention Program Factsheet for Health Care Providers

Older Adults:

- The Ontario government is expanding the older adult Respiratory Syncytial Virus (RSV) prevention program to include all individuals aged 75 years and older. This is an expansion of last year's program which also includes certain high-risk adults aged 60 to 74 years, including residents of long-term care homes or retirement homes.
- Primary care providers will be a key partner in administration of the RSV vaccine. More information will be shared as we approach the RSV season.
- Please see the attached health care provider fact sheet for eligibility criteria and additional information on the 2025/2026 older adult RSV program.
 - Older Adult High-Risk Respiratory Syncytial Virus (RSV) Vaccine Program Fact Sheet - Health Care Providers

Increase in Lyme Disease alongside Expanding Identified Tick Risk Areas

- Ontario, including Grey-Bruce, has seen increasing areas identified as established blacklegged tick risk areas (see PHO's Ontario Vector Borne Disease Tool for map).
- Locally, there has been an increase in confirmed cases of Lyme disease over recent years. So far this year, GBPH has investigated 14 probable and confirmed cases of Lyme disease. Symptoms of Lyme disease can vary greatly, ranging from absent, mild, to severe, and may progress over time, particularly in untreated individuals.
- Early diagnosis and treatment of Lyme disease is integral to preventing development of more severe and debilitating musculoskeletal and neurological symptoms. See HQO's resource - Clinical Guidance Document: Management of Tick Bites and Investigation of Early Localized Lyme Disease While ticks are most active in spring and summer, they may be found any time of
- year when the temperatures is above freezing. HCPs are encouraged to continue considering Lyme disease in their differential diagnosis. Concussions in Ontario

A new analysis of concussion incidence in Ontario shows that, from 2015 to 2022, 10

- -14-year-olds had the highest combined concussion rates, followed by 15 -19-yearolds. Males generally had higher rates of hospitalizations due to all concussion and sport-related concussion compared to females. Health care providers play an important role in improving health outcomes through the early diagnosis, management, and referral for concussion. Informational resourc-
- es are available to support this work: Parachute Canada Concussion Guide for Adults aged 65+ - Evidence-based
- Concussions Awareness Training Tool CME-accredited online course New Cessation Guidelines to Support Clients with Quitting Smoking

The Canadian Task Force on Preventive Health Care has released its latest evidence-based guideline for health care providers to support adults quitting smoking.

- See Tobacco Smoking in Adults (2025) Canadian Task Force on Preventive Health For local and provincial support programs and where to get quitting medications including Nicotine Replacement Therapy in Grey Bruce, visit our website at: Quitting Other Resources for Healthcare Providers:
- Resources for Providers | Intrepid Lab Don't Quit Quitting - an initiative of Ontario's Public Health Units. Visit the Health
- Care Providers tab of the website.
 - Nicotine Pouches: A Guide for Pharmacists a guide in educating patients about

to take when caring for patients with suspected measles.

- the use and risks of nicotine pouches, and their place in harm-reduction strategies.
- **Resources for Primary Care Professionals Reference Documents** July 2025 - Updated At a Glance: Measles Information for Health Care Providers

August 2025 - New PHO Resource: How to Recognize and Respond to Measles fact sheet includes information for clinicians regarding measles and appropriate measures

Government of Canada Outbreak Monitoring Alert for Hepatitis A in Cuba - There has

been a noted increase in Hepatitis A Cases in Ontario reporting travel to Cuba. **Online Modules** Hepatitis C Fundamentals - Online Course for Primary Care Providers in Ontario - On-

2030.

Webinars

- line, self-paced, CME-accredited course for primary care providers aimed at enhancing ability to test, diagnose, and treat hepatitis c to support hepatitis C elimination by IPAC for Health Care Workers e-learning modules - A new set of foundational IPAC e-learning modules have been published by PHO to replace the previous IPAC Core
- Competencies Modules. Canadian Paediatric Society Centre for Healthy Screen Use online course: Preventing Problematic Screen Use
- HIV and reproductive health: How to support pregnancy planning September 24, 2025. This webinar explores how healthcare and other service providers can offer informed support to people living with HIV as they pursue their parenting goals. It

highlights the importance of integrating reproductive planning discussions and coun-

selling into care while also addressing the stigma that continues to surround parenting in the context of HIV. PHO Rounds: What You Need to Know About Multidrug-Resistant Tuberculosis (MDR-TB): A clinical and public health overview - September 16, 2025. Session will include a general overview of MDR-TB, including pathogenesis, epidemiology, diagnosis, and

clinical management, as well as public health, clinical, and laboratory perspectives,

challenges, and opportunities related to responding to and caring for individuals with MDR-TB.

- Grey Bruce Public Health Medical Advisories: July August 2025
- August 20 Limited Supply of Rabies Vaccine and Immunoglobulin

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August 27 - Rabies Vaccine and Rabies Immunoglobulin - Interim Sparing Measures