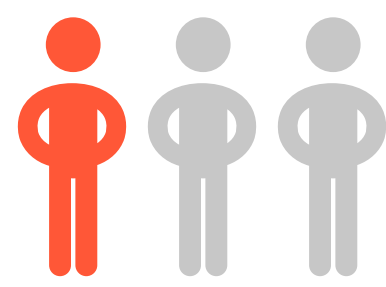


# ADULT OBESITY

33%

**OF GREY BRUCE ADULTS  
ARE OBESE**



## HIGHER RATES THAN ONTARIO

Overall, adults in Grey Bruce are more likely than in Ontario to be obese.

This is also true of Grey Bruce residents aged 35 to 49, when compared to Ontarians in that age group.

## RISK INCREASES AFTER EARLY ADULTHOOD

Obesity becomes more common as Grey Bruce residents age out of early adulthood.

18 TO 34



20%\*

35 TO 49



45%

NOTES:

1. \* Interpret this estimate with caution due to small sample size. Small sample sizes can cause unreliable estimates.

2. Data source: Canadian Community Health Survey, 2015-16