

# GENERAL HEALTH IN GREY BRUCE

HOW DO WE COMPARE TO ONTARIO?



60%

OF GREY BRUCE RESIDENTS RATE THEIR HEALTH AS VERY GOOD OR EXCELLENT



## VERY GOOD OR EXCELLENT HEALTH

Overall, Grey Bruce residents and Ontarians are similarly likely to rate their overall health as very good or excellent.

Grey Bruce residents aged 65+ are more likely than Ontarians in the same age group to report very good or excellent health.

## FAIR OR POOR HEALTH

Grey Bruce residents and Ontarians are similarly likely to rate their health as fair or poor.

Grey Bruce residents aged 50 to 64 are more likely to describe their health as fair or poor than Ontarians in that age group.

14%

OF GREY BRUCE RESIDENTS RATE THEIR HEALTH AS FAIR OR POOR



## SENSE OF COMMUNITY BELONGING

Grey Bruce residents feel a stronger sense of belonging to their local community than Ontarians.

This is also true of male, but not female residents, and of the youngest (12 to 17) and oldest (65+) age groups when compared to their Ontarian counterparts.

77%

OF GREY BRUCE RESIDENTS FEEL A STRONG SENSE OF COMMUNITY BELONGING



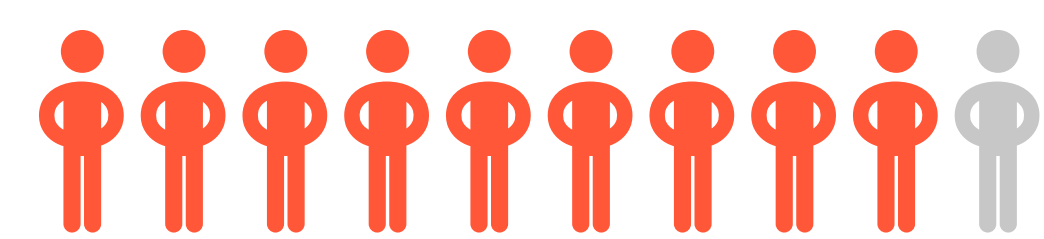
## LIFE SATISFACTION

Grey Bruce residents and Ontarians are similarly likely to be satisfied with their lives as a whole.

Those in the youngest and oldest age groups, however, are more likely to feel satisfied or very satisfied with their lives than Ontarians in the same age group.

93%

OF GREY BRUCE RESIDENTS FEEL SATISFIED OR VERY SATISFIED WITH THEIR LIVES



## SUMMARY



Strong sense of community belonging



Our oldest residents (65+) often fare better than Ontarians in that age group

NOTES:

1. The following local estimates were suppressed due to small sample size and could not be compared to Ontario: Fair or poor self-rated health among 12 to 17 and 18 to 34 year-olds

2. Data source: Canadian Community Health Survey, 2015-16

