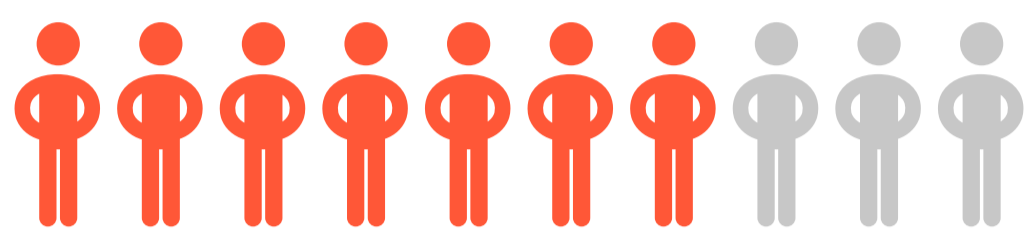


SELF-RATED MENTAL HEALTH



OF GREY BRUCE RESIDENTS
RATE THEIR MENTAL HEALTH AS
VERY GOOD OR EXCELLENT



VERY GOOD OR EXCELLENT MENTAL HEALTH

Overall, Grey Bruce residents and Ontarians are similarly likely to rate their overall mental health as very good or excellent.

Grey Bruce residents aged 50 to 64 are less likely to rate their mental health as very good or excellent than Ontarians in the same age group.

50 TO 64 YEAR-OLDS AT RISK

Only 60% of Grey Bruce residents aged 50 to 64 rate their mental health as very good or excellent, making them less likely to do so than those aged 65 and older.

50 to 64

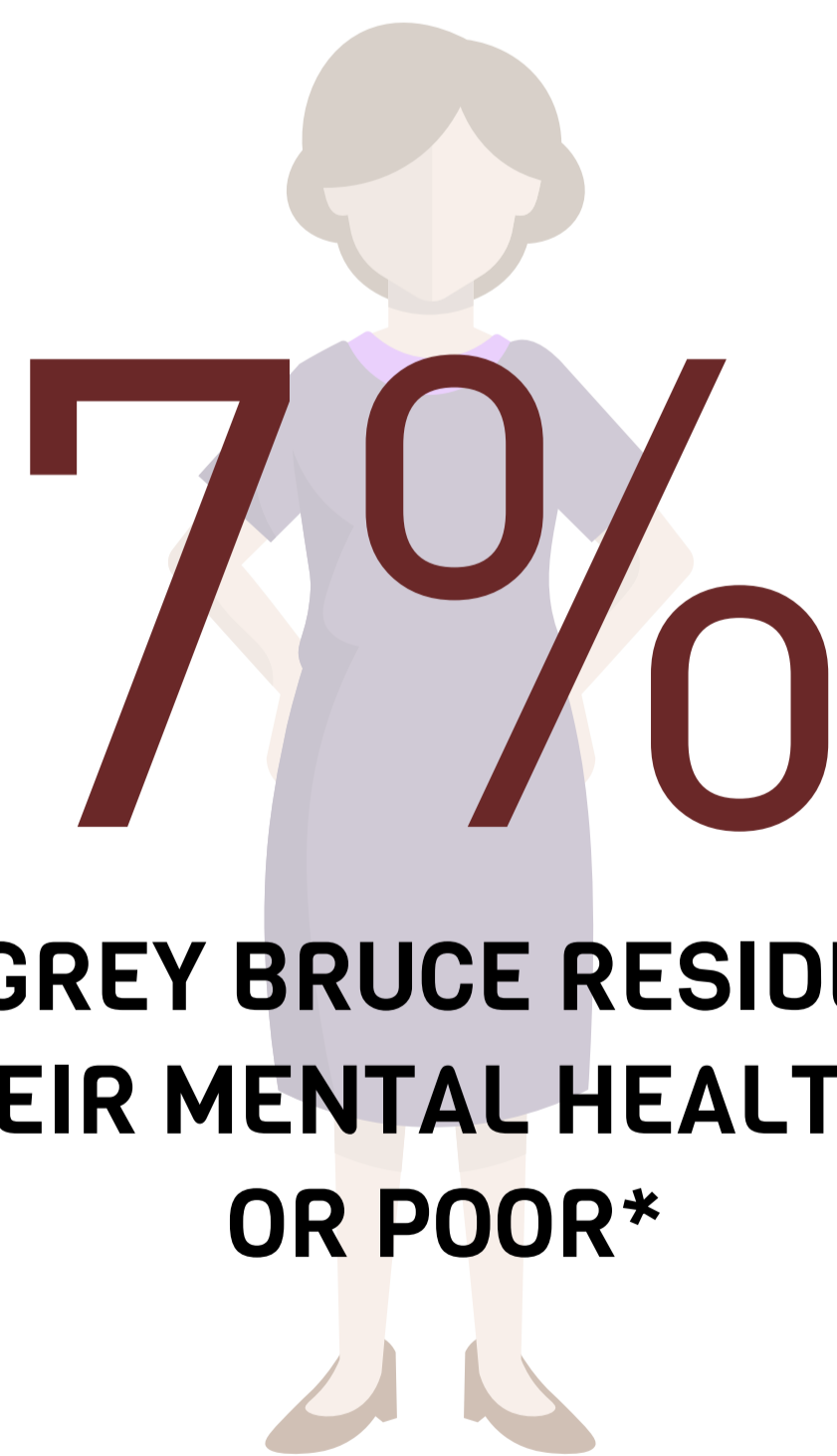


60%

65+



75%



OF GREY BRUCE RESIDENTS
RATE THEIR MENTAL HEALTH AS FAIR
OR POOR*



FAIR OR POOR MENTAL HEALTH

Overall, Grey Bruce residents and Ontarians are similarly likely to rate their overall mental health as fair or poor.

Grey Bruce residents aged 50 to 64, however, are more likely than Ontarians in the same age group to rate their mental health as fair or poor.

NOTES:

1. The following local estimates were suppressed and could not be compared to Ontario:
 - Fair or poor self-rated mental health among 12 to 17, 18 to 34, 35 to 49, and 65+ year-olds
2. Source: Canadian Community Health Survey, 2015-16