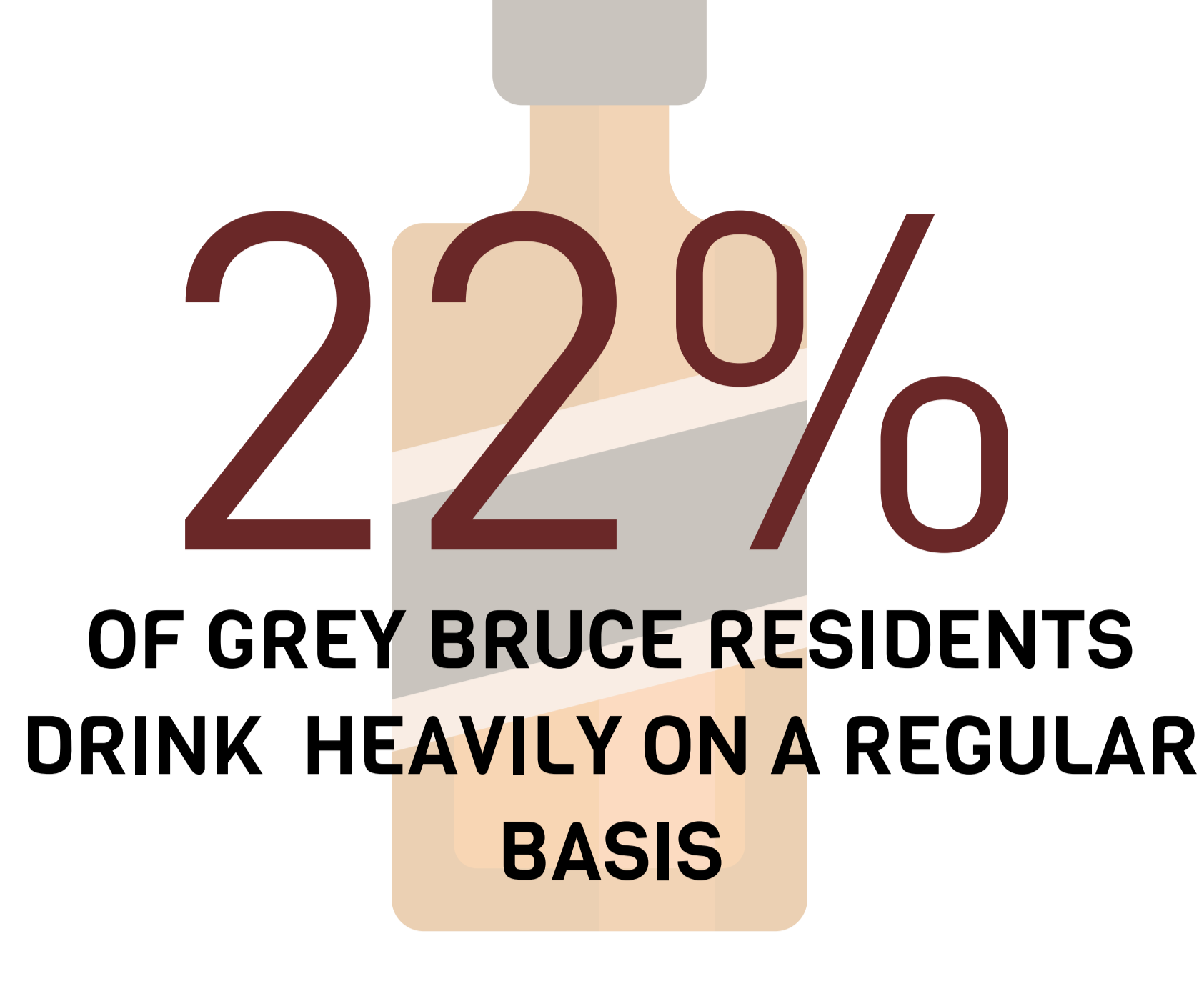


SUBSTANCE USE IN GREY BRUCE

HOW DO WE COMPARE TO ONTARIO?



HEAVY DRINKING

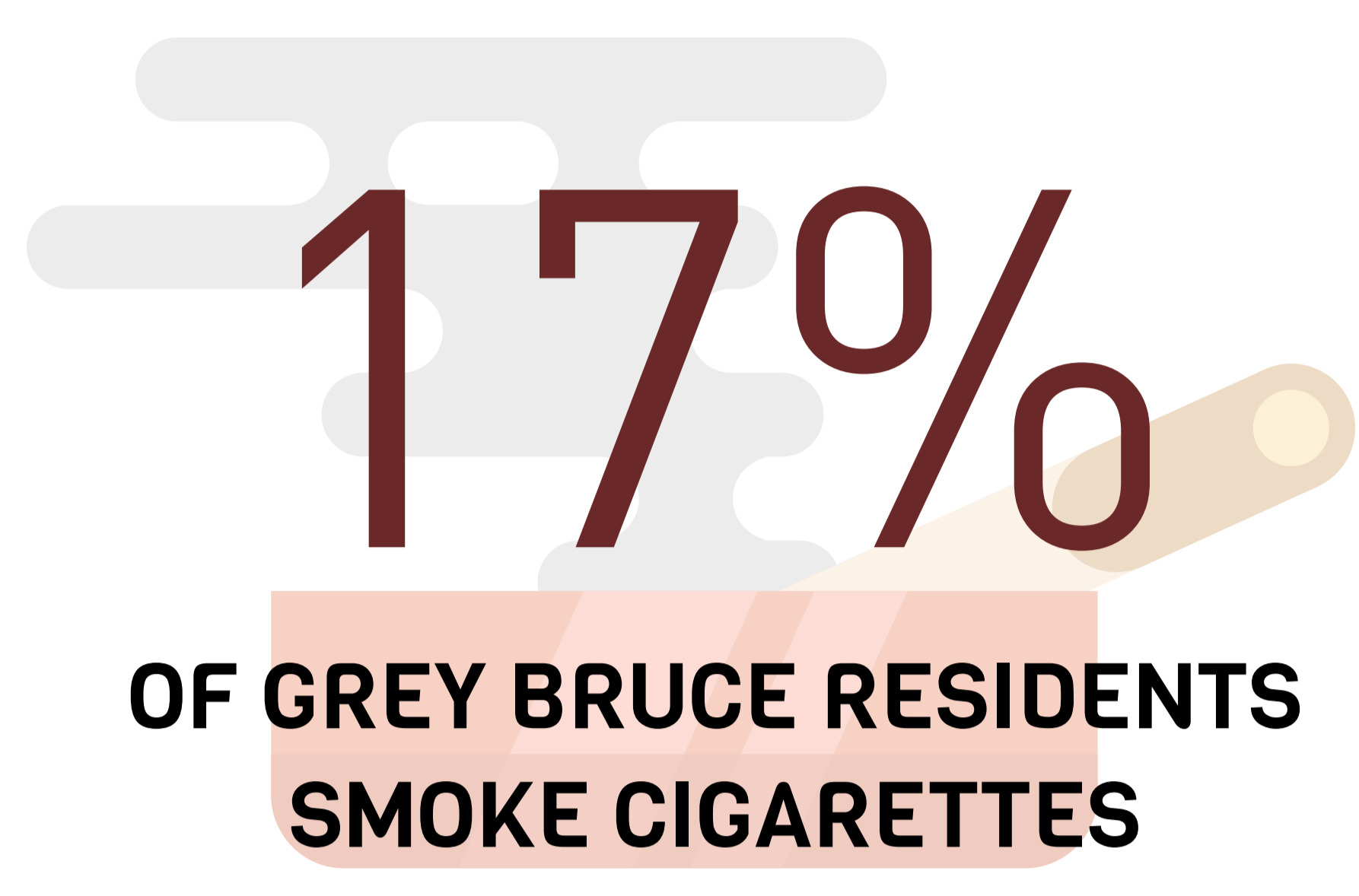
Overall, Grey Bruce residents are more likely than Ontarians to regularly drink alcohol in excess of Canadian Low-Risk Drinking Guidelines.

This is also true of male residents of Grey Bruce and of those aged 35 to 49 when compared to their Ontario counterparts.

SMOKING

Smoking rates in Grey Bruce are similar to Ontario rates.

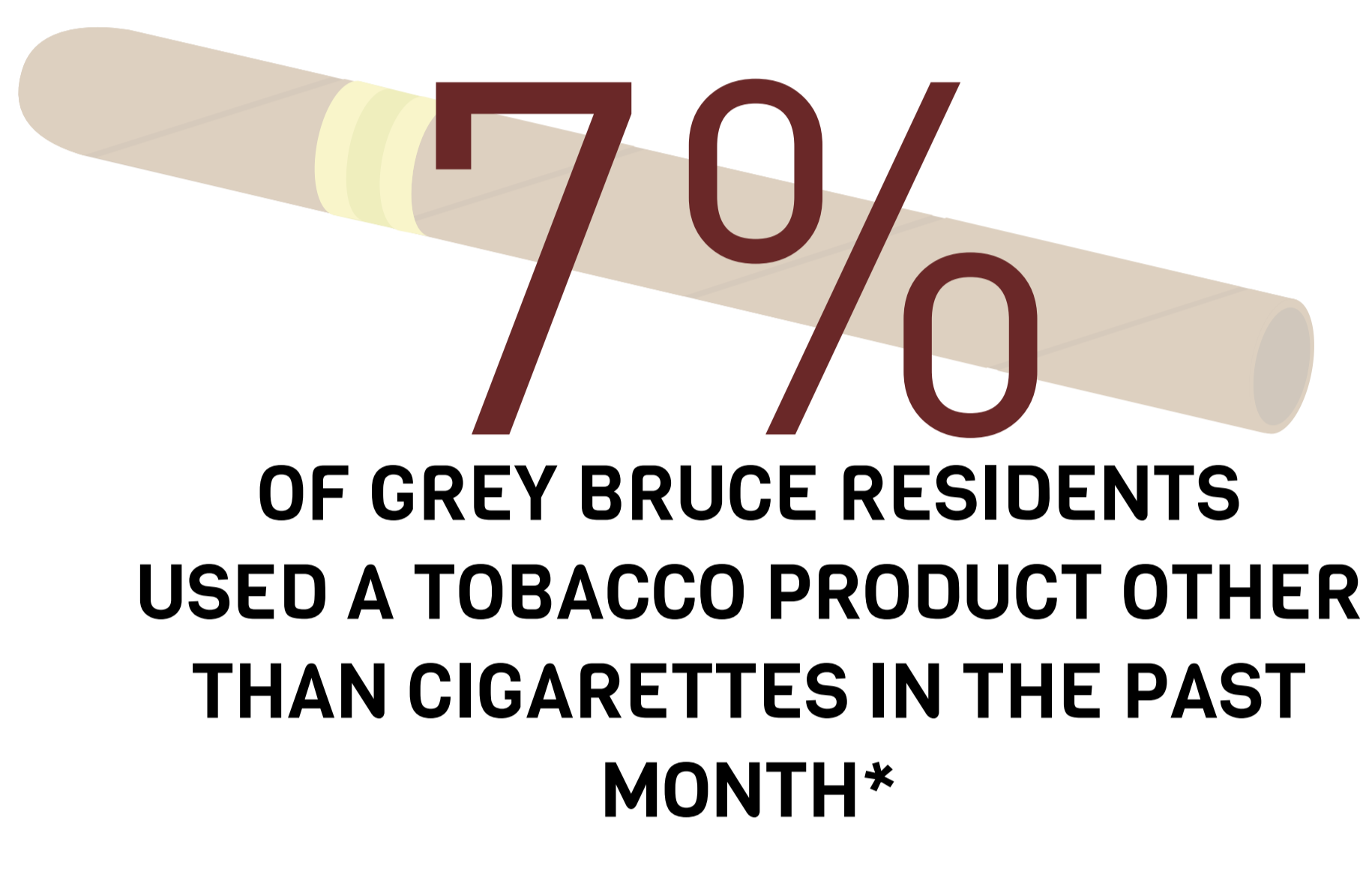
17% of Grey Bruce residents smoke cigarettes either daily or occasionally, and 14% smoke daily.



ALTERNATIVE TOBACCO PRODUCTS

Grey Bruce residents and Ontarians are similarly likely to have used an alternative tobacco product in the past month.

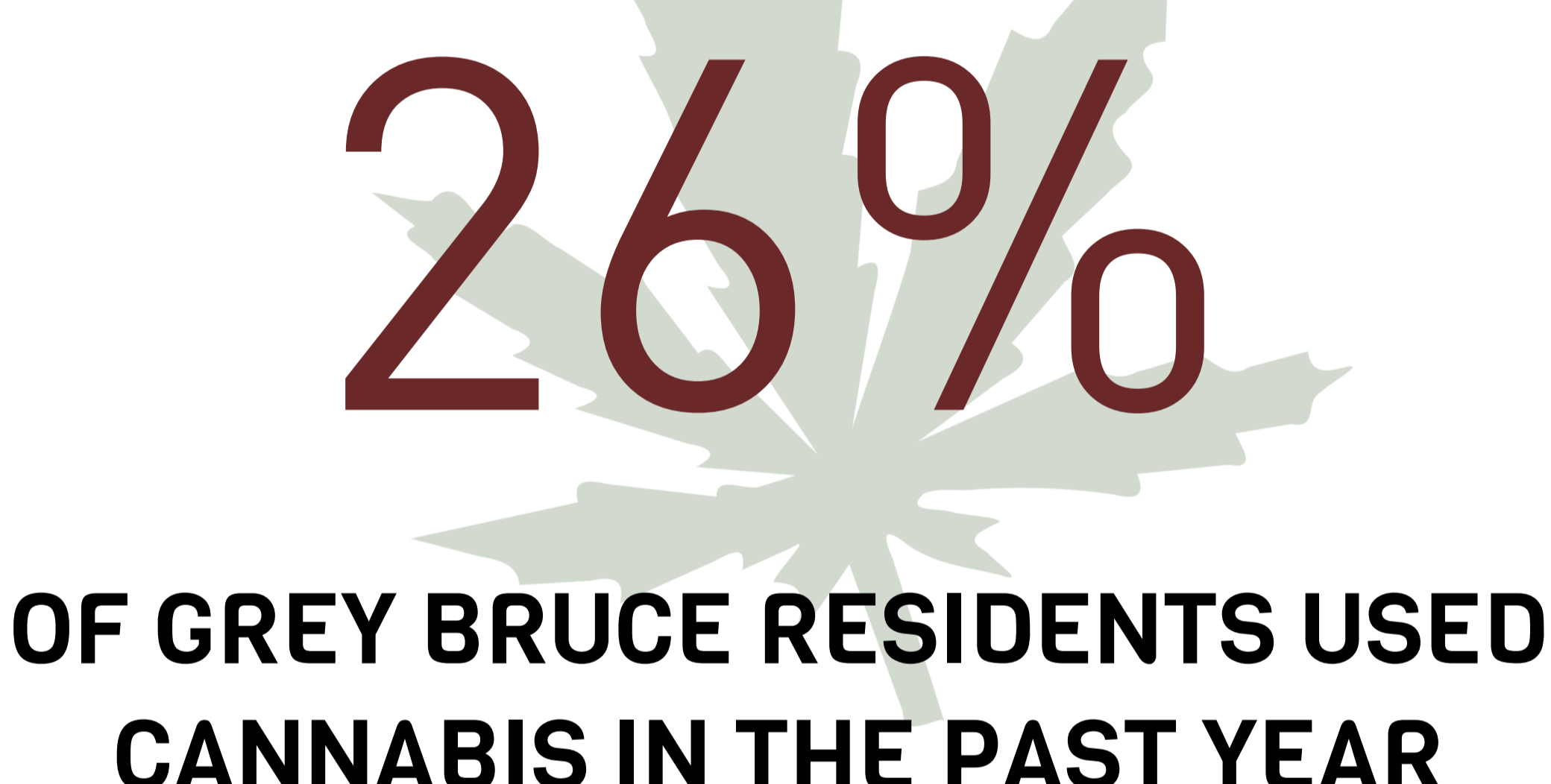
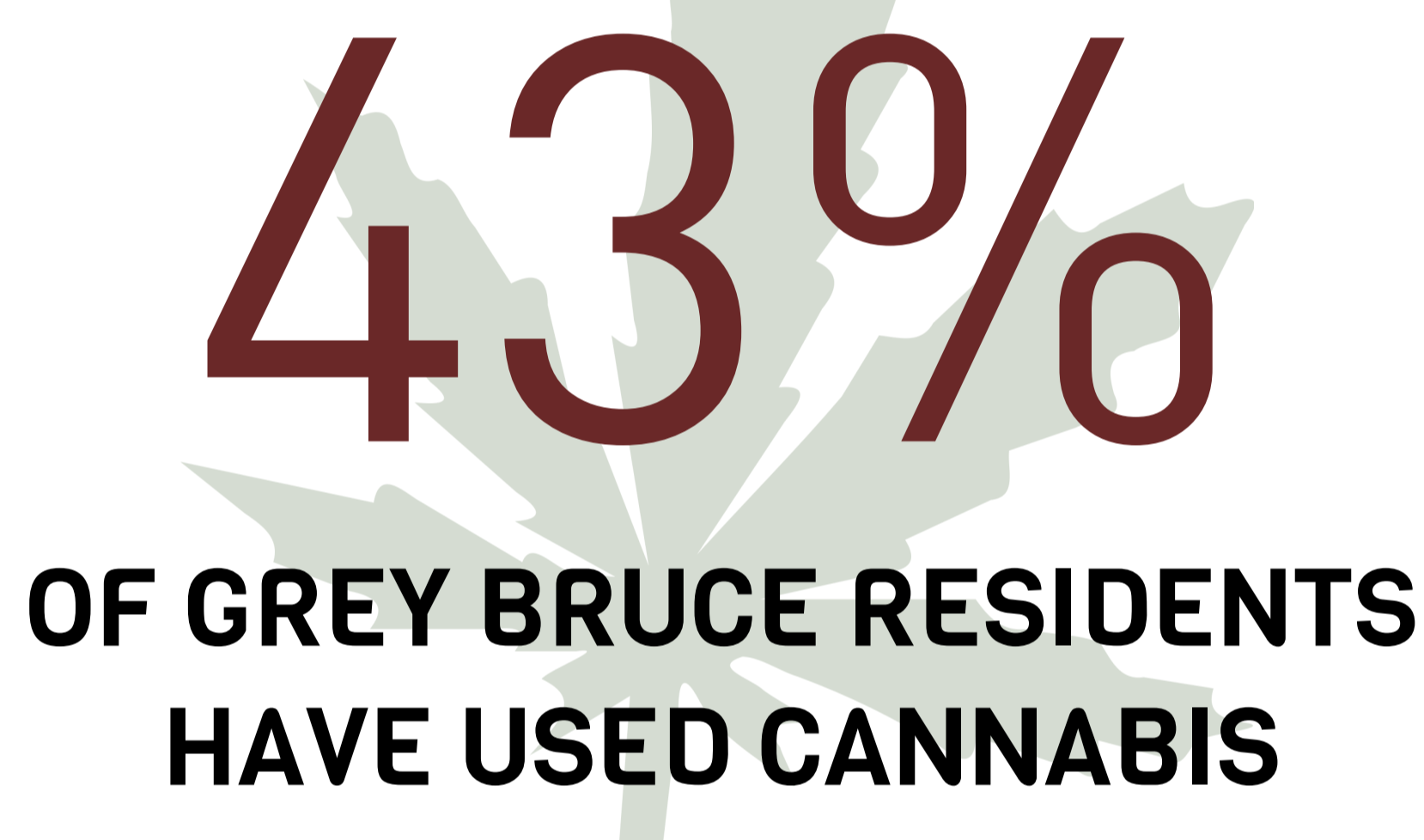
This includes little cigars or cigarillos, other cigars, electronic cigarettes, pipes, chewing tobacco or pinch or snuff, and tobacco water-pipes.



USED CANNABIS IN LIFETIME

43% of Grey Bruce residents have used cannabis at least once in their lives, and 35% have used it more than once.

Rates of cannabis use in Grey Bruce are similar to Ontario rates.



USED CANNABIS IN THE PAST YEAR

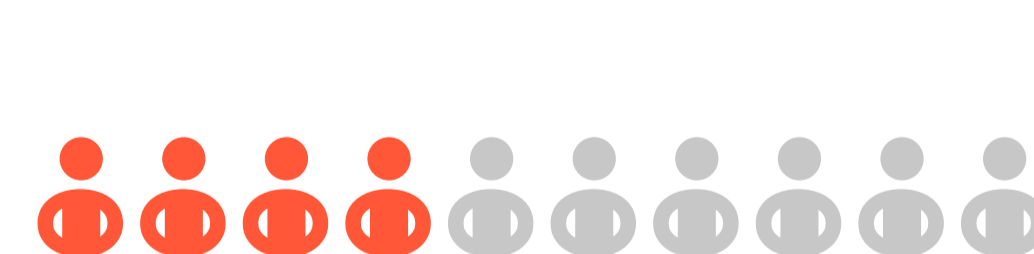
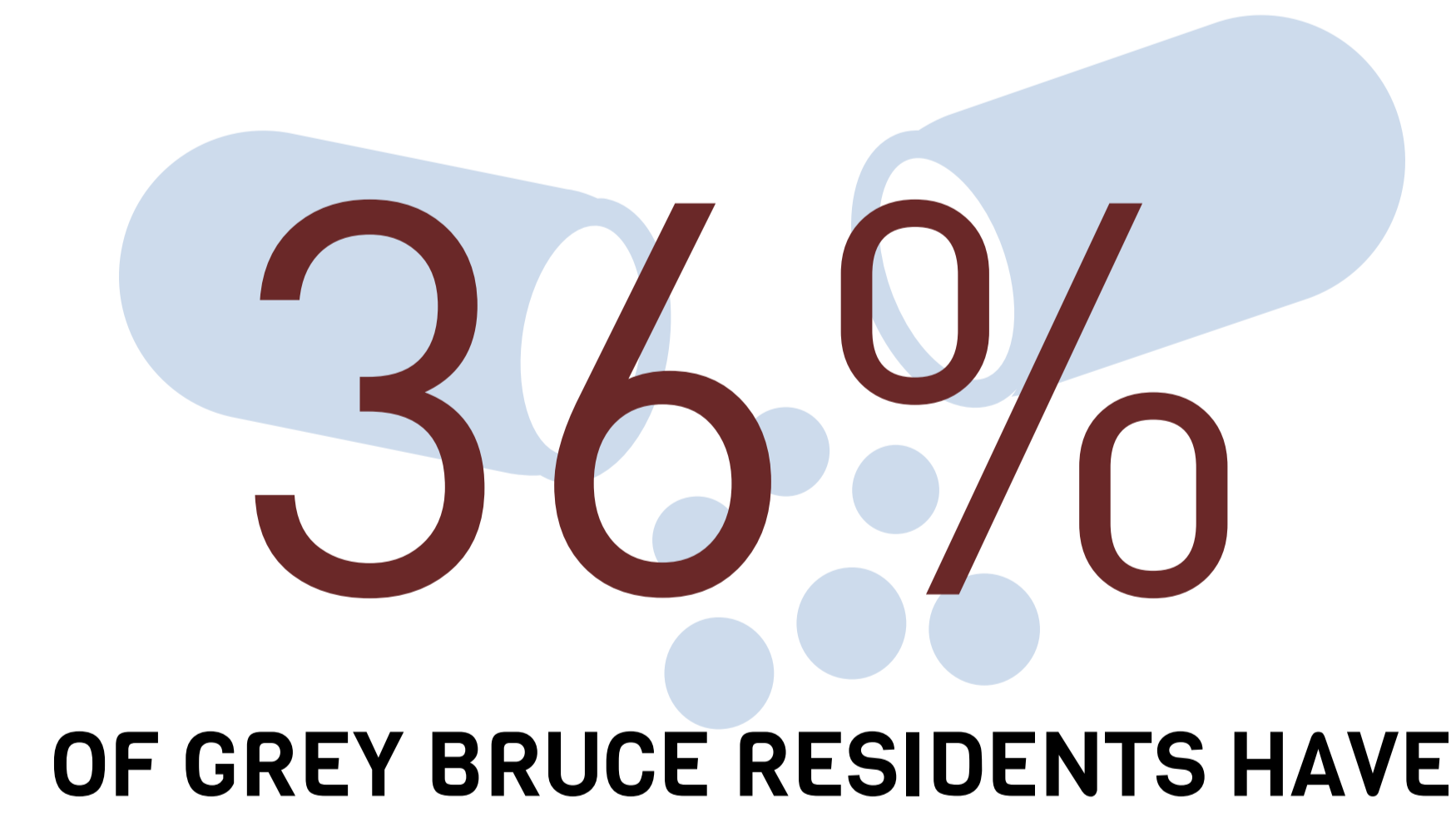
One quarter of Grey Bruce residents used cannabis in the past year, and 11% used it more than once in the past year.

Grey Bruce residents and Ontarians are similarly likely to have used cannabis in the past year.

USED ILLICIT DRUGS IN LIFETIME

Rates of illicit drug use in Grey Bruce are similar to Ontario rates.

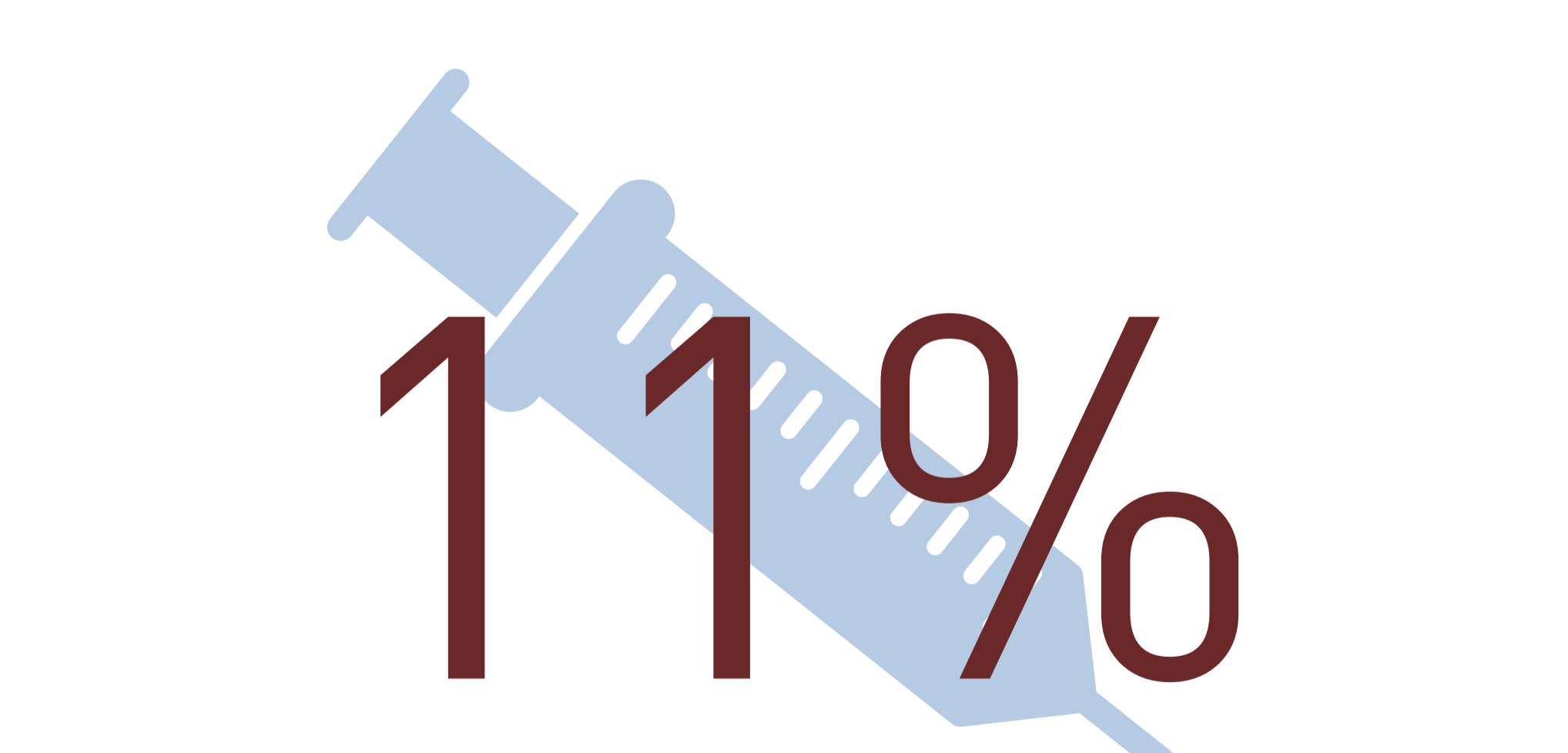
This includes cannabis if used more than once, and any use of cocaine, amphetamines, MDMA, hallucinogens, solvents, heroin/opium, and steroids.



USED ILLICIT DRUGS IN PAST YEAR

Grey Bruce residents and Ontarians are similarly likely to have used illicit drugs in the past year.

This includes cannabis if used more than once, and any use of cocaine, amphetamines, MDMA, hallucinogens, solvents, heroin/opium, and steroids.



SUMMARY



Most substances used at rates similar to Ontario



High rates of heavy drinking

NOTES:
1. * Interpret this estimate with caution due to small sample size. Small sample sizes can cause unreliable estimates.
2. The following local estimates were not reported and could not be compared to Ontario:
- All substance use estimates among 12 to 17 year-olds
- Illicit drug use and marijuana use in the past year among those aged 65+
- Alternative tobacco product use among 50 to 64 and 65+ year-olds

3. Data source: Canadian Community Health Survey, 2015-16