



AUGUST 3, 2022

## Overdose Alert Update

Several suspected overdoses have occured in our region since July 31st. Take extra caution by:

- Not using alone when using with someone else, don't use at the same time.
- Avoid mixing other drugs mixing drugs, including alcohol, increases risk of overdose.
- Go slow use smaller amounts and do test doses to check the strength of your drugs.
- Get overdose prevention training and carry a Naloxone kit.

